



# MITCHELL ELEMENTARY SCHOOL

3800 #5 Rd, Richmond BC V6X 2T7  
Phone 604-668-6225 | Early Warning 604-668-6229 | Fax 604-668-6223  
Website: mitchell.sd38.bc.ca | Twitter: @MFirebirds | Instagram: @mitchellfirebirds  
Principal: Mr. S. Plumb Vice Principal: Mme G. Lee



## NEWSLETTER #9

May, 2022



### TRACK AND FIELD

This year's Zone Track Meet will take place on Wednesday, May 25<sup>th</sup> at Minoru Track. Our goal is to have as many children as possible

participating in the events at the track meet. More information will be coming home as we near the Zone Track Meet.

### PAC MEETINGS

Our next PAC meeting is Wednesday, May 25<sup>th</sup> on Zoom from 6:00 – 7:00 p.m. All parents are invited to attend and a Zoom invite will be sent out before the meeting. Newcomers are always welcome and our PAC can be reached at [mitchellpac@mail.com](mailto:mitchellpac@mail.com)



### DAILY HEALTH CHECK

Just a reminder to keep your children home if they are not feeling well. Below are the symptoms to look for when conducting your daily health check:

#### Daily Health Check & What to Do When Sick

##### Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- |                        |                                   |                                |
|------------------------|-----------------------------------|--------------------------------|
| • Fever or chills      | • Cough                           | • Loss of appetite             |
| • Difficulty breathing | • Sore throat                     | • Extreme fatigue or tiredness |
| • Runny nose           | • Sneezing                        | • Nausea or vomiting           |
| • Headache             | • Loss of sense of smell or taste | • Diarrhea                     |
| • Body aches           |                                   |                                |

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

### CIRCUS SCHOOL

Circus School was a huge success back in early April, as students learned a few “circus skills” such as balancing and juggling. A huge thank-you goes to our Mitchell PAC for funding this exciting experience for our students!



### SPORTS DAY: FRIDAY, JUNE 10<sup>th</sup>

Sports Day will take place on Friday, June 10<sup>th</sup>. More information to come as we get closer to the date.

### PARKING LOT SAFETY

Please help keep our students safe by using the drop off zone for picking up and dropping off students only. **Please do not leave your car unattended in the drop off zone;** if you need to come into the school, please park in a designated parking space. **Also, please note that Richmond is a No Idle Zone and many of our students line up outside right beside our parking lot. Please remember to shut off your engine to help keep the air clean.** Thanks for your cooperation!



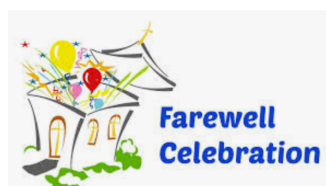
### PRO-D DAY

Just a reminder that our next Professional Development Day is on Friday, May 20<sup>th</sup> and students will not attend school on this day. Also, the following

Monday, May 23<sup>rd</sup> is Victoria Day and school will be closed that day.

### GRADE 7 FAREWELL

Mark your calendars Gr. 7 parents, as we have set our Gr. 7 Farewell date for Tuesday, June 28<sup>th</sup>. More information to come as we get closer to the date.



May 19  
May 20  
May 23  
May 25  
May 25  
May 27

Welcome to Kindergarten  
Pro-D Day – School Closed  
Victoria Day – School Closed  
Track Meet at Minoru  
PAC Meeting  
Hot Lunch (Pizza)



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### Mitchell Calendar 2022-2023

September 6, 2022	School Opens
September 23, 2022	Pro D Day – No School
October 10, 2022	Thanksgiving Day – No School
October 21, 2022	Provincial Pro D Day – No School
November 11, 2022	Remembrance Day – No School
November 25, 2022	Pro D Day – No School
December 16, 2022	Last day before Winter Break
Dec 17, 2022 - Jan 2, 2023	Winter Break – No School
January 3, 2023	First day back after Winter Break
January 27, 2023	Pro D Day – No School
February 17, 2023	Pro D Day – No School
February 20, 2023	Family Day – No School
March 10, 2023	Last day before Spring Break
March 11 - 26, 2023	Spring Break – No School
March 27, 2023	First Day back after Spring Break
April 7, 2023	Good Friday – No School
April 10, 2023	Easter Monday – No School
May 19, 2023	Pro D Day – No School
May 22, 2023	Victoria Day – No School
June 29, 2023	Last day of school for students
June 30, 2023	Administrative Day – No School

### School Hours

Instructional Hours:	8:45 - 2:45
Recess:	10:20 - 10:35
Lunch:	12:00 - 12:52
Office Hours:	8:00 - 4:00