

# MME VAL'S MONTHLY REVIEW FEBRUARY/MARCH 2024



## WORD FROM THE PRINCIPAL

February and March have been very busy and fun! You will notice that this review contains lots of pictures! All these activities would not be possible without our hard-working staff's initiative and leadership.

I am thankful to work with such a dedicated team; it makes every day special and fun!

I wish all of our Firebirds a wonderful Spring Break!

-Mme Val



We had such a blast the the Carnival Parade on February 8! You'll find some more pictures in the pages to come.

## BASKETBALL



The basketball season finished on March 11, at Cambie Secondary with the Cambie Classic Elementary Basketball Event. Our grade 6/7 players did very well! They showed persistence and sportsmanship and we are very proud of all them! A special thank you goes to Mr. Narbett, Mr. Hirayama and parent volunteers!



Congratulations to Katie, Yaseen and Isaac on their big wins during the Hot Shot competition at the Cambie Classic!





# FIREBIRDS SPIRIT

These past two months Firebirds explored the values of empathy and teamwork! Students engaged in fun activities with their family teams to celebrate these two themes. Thank you to Ms. Chang Dar Woon, Ms. Wyatt, Ms. Fedoruk, Ms. Sandhu and Ms. Li for creating and leading these fun activities!

During the assemblies we also celebrated some Super Firebirds who had modeled kindness and encouragement. Super Firebirds who received a certificate are: [Angela](#), [Bryn](#), [Allison](#), [Laenisha](#), [Riley](#), [Haylee](#), [Feona](#), [Malak](#), [Suhana](#), [Sheldon](#), [Rikki](#), [Leo](#), [Ethan](#), [Caleb](#), [Aaron](#), [Marianne](#) and [Kawthar](#).

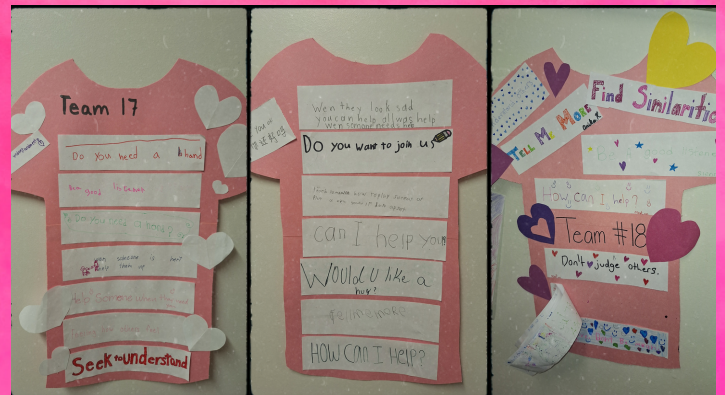
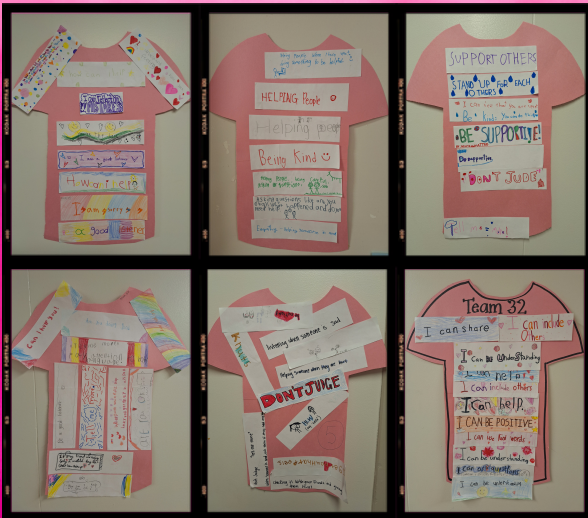
Congratulations, Super Firebirds!



# PINK DAY



The Day of Pink is celebrated across the world to talk about the issues of bullying. On this day, students reflect on anti-bullying practices and what they can do to bring kindness to their world. This year, Pink Day was on February 28. Firebirds were invited to wear pink shirts and participated to an assembly in the gym.





# EQUITY, DIVERSITY AND INCLUSION CORNER

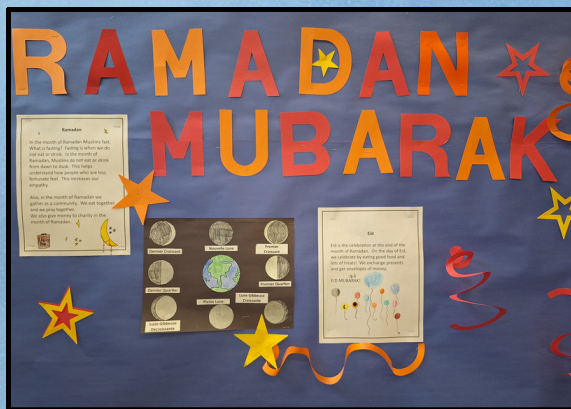


There has been so much to celebrate in the past two months, at Mitchell!

Many Firebirds celebrated Lunar New Year on February 10. This year, we celebrate the dragon. There was beautiful artwork on the school walls, and our K/1 students participated in a parade around the school!

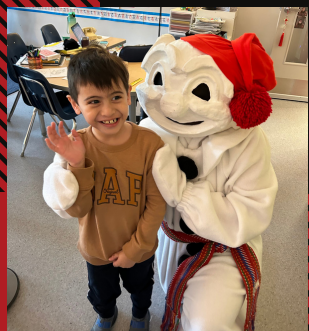
March 8 was International Women's Day. It was a good opportunity to discuss women's rights and to think about the important women in our lives.

March 10 marked the start of Ramadan, also celebrated by many Firebirds. In honour of the tradition of giving back and doing acts of charity during Ramadan, our Muslim Student Club put on a food drive, which was very successful. We are very proud of their initiative!



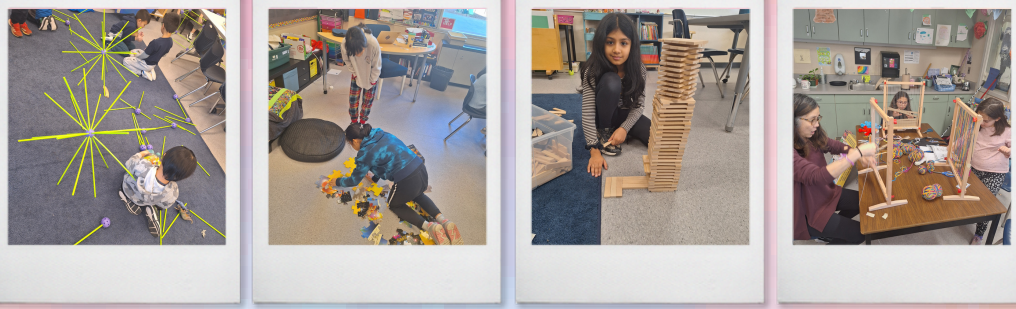
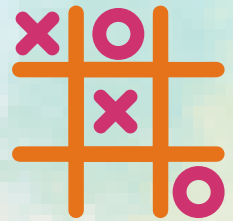
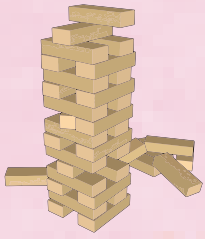
# CARNAVAL

On February 8, we celebrated Carnaval at Mitchell! During the days before, classes worked on their Carnaval pins and hats, and learned about the traditions of Carnaval in Québec, including important symbols such as "ceinture fléchée" and "Bonhomme Carnaval"! A huge thank you to staff who participated in the organization of the the parade and all other activities!



# GLOBAL PLAY DAY

On February 7, we celebrated Global Play Day at Mitchell. During Global School Play Day, participants are encouraged to allow students ample time for free play without the use of screens or structured games. The idea is to let children explore their creativity, problem-solving skills, and social interactions. The day was structured and organized in a way to allow for such fun!



# SHUFFLE DANCING

Thank you to the many families who popped by the gym on March 13 to watch students from Kindergarten to Grade 5 perform their short shuffle dance numbers. For eight days in February and March, students practiced their moves with Gabriella, their instructor. I'd like to send a special THANK YOU to PAC for sponsoring this series of workshops!

